

## Emergency Distance Education Plan 2.0 Daily Instructional Guide

As school closures continue through the end of the school year, this guide provides a structure for students and families for learning through distance education. In addition to instruction facilitated by the student's teacher, **Extended Learning Activities** are essential to provide students further learning opportunities to promote their mastery of grade-level standards. Furthermore, **Wellness Activities** promote students' wellbeing during school closures.

### Extended Learning Activities (1-2 Daily Hours Recommended)

- Read a book at the student's reading level for 15 minutes. Keep track
  of daily reading in a reading log.
- Practice high-frequency words.
- Student Learning Extension Opportunities at <u>ccsd.net</u> provide paperpencil learning activities in English language arts (ELA) and mathematics with integrated science and social studies content.
- Smarty Ants at <a href="https://a3khome.com/SA-CCD">https://a3khome.com/SA-CCD</a> is a foundational literacy program for students in Pre-Kindergarten—Grade 2. \*Recommended usage is 20 minutes at least three days per week.
- Vegas PBS at <a href="www.vegaspbs.org/learn">www.vegaspbs.org/learn</a> is a curriculum-based programming designed for Pre-Kindergarten—Grade 12 and is available Monday—Friday on Channels 10.2 and 10.3.
- Draw and write in a journal.
- Engage in counting and sorting activities.
- Practice math facts.

### Wellness Activities (2 Daily Hours Recommended)

- Engage in physical activities, such as biking, walking, hiking, jumping rope, stretching, etc.
  - \*Remember to practice social distancing.
- Listen to music.
- Spend time with a pet or family member.
- Plan and prepare meals together and engage in routine meal times
- Connect and talk during meal times.



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## Extended Learning Activities (1-2 Daily Hours Recommended)

- Read a book at the student's reading level for 30 minutes. Keep track of daily reading in a reading log.
- Practice high-frequency words.
- Student Learning Extension Activities at <u>ccsd.net</u> provide paper-pencil learning activities in ELA and mathematics with integrated science and social studies content.
- MAP Accelerator at <a href="https://www.khanacademy.org/login">https://www.khanacademy.org/login</a> provides a personalized learning pathway for students in mathematics. If students have forgotten their login information, please contact the teacher or the school.
- Khan Academy at <a href="www.khanacademy.org">www.khanacademy.org</a> provides free video tutorials and interactive exercises for students to build knowledge one concept at a time in ELA, science, and other content areas. Students and parents can create an account, select courses, and monitor progress.
- ActivelyLearn at <a href="https://www.activelylearn.com">https://www.activelylearn.com</a> is easy for students to access at home, whether on a smartphone, laptop, or desktop. Students can read interactive assignments with guiding questions and notes.
   \*Recommended usage is 30 minutes at least five days per week.
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- Draw and write in a journal.
- Practice math facts.
- Engage in board games, cards, and puzzles.



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### Extended Learning Activities (1-2 Daily Hours Recommended)

- Read a book at the student's reading level for 30-60 minutes. Keep track of daily reading in a reading log.
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- Vegas PBS at <a href="www.vegaspbs.org/learn">www.vegaspbs.org/learn</a> is curriculum-based programming for Pre-Kindergarten-Grade 12 and is available Monday-Friday on Channels 10.2 and 10.3.
- Engage in board games, cards, and puzzles.
- Draw and write in a journal.
- Provide support and guidance for younger siblings.

### Wellness Activities (2 Daily Hours Recommended)

- Engage in physical activities, such as biking, walking, hiking, jumping rope, stretching, etc.
   \*Remember to practice social distancing.
- · Listen to music.
- Spend time with a pet or family member.
- Plan and prepare meals together and engage in routine meal times.
- Connect and talk during meal times.



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- Practice for the SAT at Khan Academy.
- Vegas PBS at <u>www.vegaspbs.org/learn</u> is curriculum-based programming for Pre-Kindergarten–Grade 12 and is available Monday–Friday on Channels 10.2 and 10.3.
- Draw and write in a journal.
- Provide support and guidance for younger siblings.
- Research scholarship opportunities.
- Explore colleges and careers.
- Engage in board games, cards, and puzzles.

